

HUNGRY KIDS!



**BRAILLE INSTITUTE
LIBRARY SERVICES**

1993

Everyone likes to eat and kids are no exception. This bibliography contains stories about kids and food, works about how various types of food are produced and cookbooks for those readers who would like to try to prepare their own food. Happy munching!

Compiled by Theresa Robinett Assistant Manager, Network Services
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INTRODUCTION

Braille Institute Library Services is committed to providing high quality services and bibliographical support. To serve our patrons better, we have prepared and produced a series of subject bibliographies.

This bibliography serves as a reference guide to a selection of available discs, cassettes and braille books in our collection. A brief description of content is adjunct to the title of each book.

To request specific titles not in this bibliography, or works by a specific author not listed in a series, please call us at 1-800-808-2555. For faster service in the 323 area code, call 660-3880.

We believe each bibliography will promote the interest of our patrons in the subjects covered. This series is dedicated to each of our more than 20,000 readers in Southern California.

Henry C. Chang, Ph.D.
Director of Library Services

FICTION

RD 13160

ALEXANDRA THE ROCK EATER: AN OLD RUMANIAN TALE

Retold by Dorothy Van Woerkom

A clever peasant woman with 100 hungry children to feed tries to outwit a young dragon and his mother. For grades K-3.

RC 20171

BANANA BLITZ

Florence P. Heide

Jonah D. Krock, television and candy-bar addict, has run out of money and candy bars. He thinks he can win some easy money from the American Banana Institute just for watching their commercials on TV. Instead of solving his problems, though, the scheme creates new ones. A sequel to *Banana Twist*. For grades 4-7.

RC 15415

BANANA TWIST

Florence P. Heide

A wacky comedy of errors relates the mischievous attempts of Jonah D. Krock to avoid an oddball new neighbor who thinks Jonah has a banana fixation. For grades 4-7.

RC 26334

THE BERENSTAIN BEARS AND TOO MUCH JUNK FOOD

Stan and Jan Berenstain

One day Mama Bear notices that a chubbier Brother Bear and Sister Bear have gotten into the habit of eating junk food. And when Papa Bear rips the seat of his overalls reaching for a package of Sugar Balls, Mama Bear begins a campaign to improve her family's health habits. For preschool-grade 2.

BR 5532

BENJY AND THE POWER OF ZINGIES

Jean Van Leeuwen

Benjy is tired of being a weakling. He's fed up with losing at kickball and sick of being picked on by big Alex and his gang. One day Benjy sees an ad on TV for Zingies, the breakfast cereal of sports stars, and he knows without a doubt that Zingies will make him all he's ever wanted to be. For grades 2-4.

RC 33493 / BR 8554

BREAD AND JAM FOR FRANCES

Russell Hoban

Frances, a young badger, realizes that eating only bread and jam gets boring after awhile. For preschool-grade 2.

RC 33498 / BR 1461

CHARLIE AND THE CHOCOLATE FACTORY

Roald Dahl

Five children win a coveted tour of Mr. Willy Wonka's Chocolate Factory. Four of the children meet disaster at their own hands, but a deserving boy wins both the day and the factory. For grades 4-7

RC 24642

THE CHOCOLATE CHIP COOKIE CONTEST

Barbara Douglass

Cory and his friend Kevin decide to enter the chocolate chip cookie contest so they can win tickets to the circus. They consult a babysitter, their relatives, and their neighbors for advice. Larry who works as a clown helps them, and the boys bake a very special cookie. For grades K-3.

RC 15879 / BR 4426

THE CHOCOLATE TOUCH

Patrick S. Catling

A boy acquires a magical gift that turns everything his lips touch into chocolate. For grades 3-6.

RD 13901

CLOUDY WITH A CHANCE OF MEATBALLS

Judi Barrett

Life is delicious in the town of Chewsandswallow where it rains soup and juice, snows mashed potatoes, and blows storms of hamburgers--until the weather takes a turn for the worse. For grades K-3.

BR 2156

DORRIE AND THE BIRTHDAY EGGS

Patricia Coombs

On the way to buy eggs for her mother's birthday, Dorrie, the good little witch, meets an evil witch who puts a wicked spell on Dorrie and her mother. For grades K-3.

BR 1681

DETECTIVE ARTHUR ON THE SCENT

Mary J. Fulton

For Arthur's birthday, his grandmother sends him a detective kit which he uses to discover who stole his chocolate birthday cake with chocolate icing. For grades K-3.

RC 34056 / BR 8956

GREEN EGGS AND HAM

Dr. Seuss

A nonsense rhyme about the doings of a creature called the Sam-I-am. For grades K-3.

RD 20286 / BR 5604

GREGORY, THE TERRIBLE EATER

Mitchell Sharmat

Gregory's parents worry about their son because he is no ordinary goat. Instead of enjoying tin cans, rugs and bottle caps, Gregory dreams of pigging out on such junky foods as fruits, vegetables, eggs, bread and butter. For preschool-grade 2.

BR7535

HECKEDY PEG

Audrey Wood

A poor mother with seven children named Sunday, Monday, Tuesday, Wednesday, Thursday, Friday and Saturday saves them from a terrible witch who has changed them into food. For preschool-grade 2.

RC 24724 / BR 9232

HOMER PRICE

Robert McCloskey

Nothing much happens in Centerburg, the home of the hero of this story, but plenty happens to him as he catches burglars with his pet skunk, makes non-stop doughnuts in his uncle's lunchroom and comes to the aid of the Super Duper. For grades 4-7.

RC 33534 / BR 8593

HOW TO EAT FRIED WORMS

Thomas Rockwell

Alan bets fifty dollars that Billy can't eat a worm a day for fifteen days. Both boys work hard to win the bet using psychological warfare, bizarre pranks, and plain cheating. For grades 3-6.

RC 25135

JACK AND THE BEAN TREE

Gail E. Hailey

Famous tale of the giant in the sky, as told by Poppysseed, an old lady in southern Appalachia. Jack and his ma are so poor, they have to sell their cow, Milky White, to put food on their table. But instead of selling her, Jack trades Milky White for some magic beans. For preschool to grade 2.

BR 8937

MARGE'S DINER

Gail Gibbons

Everyone knows Marge. She owns the diner in her small town.

Come spend the day with Marge and her workers as they order supplies, cook and serve meals to hungry customers. For preschool-grade 2.

BR 2157

MEXICALI SOUP

Kathryn Hitte

After each family member begs Mama to leave out one little ingredient of her famous Mexicali Soup, Mama surprises the family with a soup they will remember for a long time! For grades K-3.

RD 20309 / BR 5611

MOONCAKE

Frank Asch

Bear builds a rocket to take him to the moon so he can see what it tastes like. For preschool-grade 2 to share with older readers.

RD 18200 / BR 5322

MRS. PIG'S BULK BUY

Mary Rayner

Garth Pig and his brothers and sisters drench everything they eat with catsup until their clever mother thinks of a way to make them sick of it. For grades K-3.

RC 12274 / BR 8561

MUCH ADO ABOUT ALDO

Johanna Hurwitz

Aldo Sossi, aged 8, loves animals. His sister teases him because he calls the family cats his brothers. He is so delighted when his teacher announces that the class will be studying the relationship between humans and animals. When a batch of crickets is put into their newly prepared terrarium and a package of chameleons also arrives, Aldo realizes that they are studying the food chain and swears off meat. For grades 2-4.

BR 8071

SO HUNGRY!

Harriet Ziefert and Carol Nicklaus

Lewis and his sister Kate are both very hungry. When they cannot find any cookies, they decide to make sandwiches. Who can make the bigger sandwich? Who can eat it faster? For grades 2-4.

RC 25697

SOUP FOR SUPPER

Phyllis Root

A wee small woman catches Giant Rumbleton taking vegetables from her garden, and a fierce battle erupts. When the air clears, the unlikely pair find that they can share both vegetable soup and friendship. For preschool-grade 2.

BR 7465

STONE SOUP

Ann McGovern

A young, weary traveler gets a meal fit for a king from a little old lady who claims to have no food, when he teaches her to make stone soup. For grade 2-4.

BR 5603

THE STRAW MAID

Anita Lobe

A clever girl on her way to market to sell her family's only cow is captured by three robbers. Angry that she has no gold, silver or jewels, the robbers take her home to be their maid. The poor girl has to cook, clean and mend their clothes until she thinks up a way to trick her captors. For grades K-3.

RD 6870

THE WOLF WHO HAD A WONDERFUL DREAM: A FRENCH FOLKTALE

Retold by Anne F. Rockwell

A French variation of the story of the wicked wolf and the succulent little pigs he hopes to eat. For preschool-grade 2.

BR 3036

WE'LL HAVE A FRIEND FOR LUNCH

Jane Flory

Peaches the cat and her friends plan and scheme to eat a family of robins. In the meantime, however, they make friends with the robins and find they can no longer even think of eating a family they know. For grades K-3.

RC 30747

WHERE'S JULIUS

John Burningham

Julius can't come to the table for breakfast because he is cooling hippopotamuses in Central Africa, or for supper because he is throwing snowballs from a sleigh in Russia, so his parents must carry his tray to each of his exotic locations. For preschool-grade 2.

RC 24609 / BR 6130

THE VERY HUNGRY CATERPILLAR

Eric Carle

A hungry caterpillar eats holes through plums, cheese sausage and other food and gets a stomach ache. Then something wonderful happens to the fat caterpillar. For grades K-2.

POETRY

BR 4460

EATS: POEMS

Arnold Adoff

A mouth-watering collection of poems including a love song to chocolate and a verse about a national invasion of Twinkies. For grades 3-6.

RC 25366

MUNCHING: POEMS ABOUT EATING

Lee Bennett Hopkins

A collection of poems about popsicles, apple pie, bananas and cream and other good things to eat. For grades 2-4.

BR 7533

PEANUT BUTTER, PEANUT BUTTER

Nadine B. Wescott

A story in rhyme and gesture about everyone's favorite food and how to make a peanut-butter-and-jelly sandwich. For preschool-grade 2.

BR 5244

POEM STEW

William Cole

A feast of humorous poems about food, from the thirst-quenching taste of watermelon to the disgusting look of hot cocoa left too long to cool. For grades 3-6 and older readers.

NON-FICTION

RC 36213

AMAZING POTATO

Milton Meltzer

First cultivated by the Incas in ancient Peru, the potato has enjoyed a fascinating history that Meltzer relates. He concludes with present day research on the vegetable and tips on cooking. For grades 3-6 and older readers.

RC 34577

BREAD

Dorothy Turner

Bread in various forms, shapes and sizes is eaten around the world and it is eaten more often than any other food. The author discusses the history of and beliefs about bread, and describes how it is produced, prepared and eaten in various parts of the world. Also includes two recipes for bread. For grades 2-4 and older readers.

RC 8880

DANDELION, POKEWEED, AND GOOSEFOOT: HOW THE EARLY SETTLERS USED PLANTS FOR FOOD, MEDICINE AND IN THE HOME

Elizabeth Schaeffer

Describes many wild plants gathered by early settlers for household use. Includes directions for starting an herb garden, making herb teas and salads and dyeing cloth. For grades 4-8.

RC 33836

EGGS

Dorothy Turner

For thousands of years, people all over the world have eaten eggs. People enjoy the eggs of many different birds, as well as those of fish and turtles, but the eggs most eaten worldwide are those of hens. This book discusses the parts of an egg, how eggs are produced and various beliefs about eggs. Also includes simple recipes for preparing eggs. For grades 2-4 and older readers.

RC 33837

MILK

Dorothy Turner

For countless years people all over the world have consumed milk in one form or another. Although the most common kind of milk comes from cows, people also use the milk of buffalo, reindeer, goats, sheep, camels, llamas, horses and other mammals. This book discusses how cow's milk is processed and distributed and the nutritional value of milk and milk products. Also includes recipes for making yogurt and ice cream. For grades 2-4.

BR 6116

THE MILK MAKERS

Gail Gibbons

The story of milk--from the cow's four-part stomach to the grocery store shelves. A step-by-step description of how this nutritious drink is produced and distributed. For grades K-3.

RC 34584

POTATOES

Dorothy Turner

Potatoes are grown all over the world although they grow best in cool climates. There are more than 5,000 different kinds of potatoes. This book tells of their history, cultivation and nutritional value. It also includes instructions for making potato prints and recipes for preparing baked potatoes, Pommes Anna (a French dish) and East Indian potatoes. For grades 2-4.

BR 7184

THE SCOOP ON ICE CREAM

Vicki Cobb

The story of ice cream, from milking the cows and gathering the other ingredients to showing where the customers' money goes. Includes an ice cream taste test and a recipe for homemade ice cream. For grades 2-4.

BR 1305

AROUND AMERICA: A COOKBOOK FOR YOUNG PEOPLE

Mildred Knopf

A collection of early American regional recipes with step-by-step directions explaining what to do and how to do it, all made more interesting by a generous amount of social history in the section introductions. For grades 6-9.

BR 2327

AROUND THE WORLD IN 80 DISHES

Polly and Tasha Van der Linde

An international cookbook with selected and tested recipes for the young cook. Instructions are given on how to make Swiss Gruyere pie, Greek lamb kebabs, British peanut brittle and Dutch cocoa. For grades 4-7.

RC 7756

THE BEANY MALONE COOKBOOK

Lenora Mattingly Weber

Beany Malone shares her favorite cooking tips, recipes for organic foods and ground beef, and ideas for cookouts and other special occasions. For grades 6-9.

RC 31482

BETTER HOMES AND GARDENS STEP-BY-STEP KIDS' COOK BOOK

A cookbook for beginning young cooks that includes, "kid-tested" specialties, "no-cook" recipes, and precise, easy-to-understand instructions that indicate at which steps adult help is needed. For grades 2-4.

RC 7752

THE BREAD BOOK: ALL ABOUT BREAD AND HOW TO MAKE IT

Caroline Meyer

Lively account of the history and traditions of bread. Mrs. Meyer describes the special breads of many countries and includes simple recipes for several kinds. For grade 4 through adult.

BR 2710

CANDIES, COOKIES, CAKES

Aileen Paul and Arthur Hawking

Appealing recipes for young cooks with a sweet tooth. Recipes are classified by degree of difficulty in separate sections. Includes safety rules and general information about ingredients, equipment and techniques. For grades 4-7.

RC 7767

EASY COOKING: SIMPLE RECIPES FOR BEGINNING COOKS

Ann Beebe

These simple recipes for young cooks clearly explain the ingredients and tools needed, as well as the methods of cooking. Included are

recipes for soups, sandwiches, main dishes, desserts, cookies and candies. For grades 3-6.

BR 2067

THE FANNIE FARMER JUNIOR COOK BOOK

Wilma Lord Perkins

A variety of easy-to-follow recipes plus hints on measuring, mixing and cleaning up. For grades 4-7.

BR 6660

THE FUN OF COOKING

Jill Krementz

Nineteen boys and girls between the ages of 6 and 16 show that age is no barrier to cooking. They share their favorite recipes, describing the step-by-step procedures in preparing dishes such as chocolate mousse, tortillas, pumpkin pie, teddy bear bread, cucumber sushi, angel hair spaghetti and even doggie biscuits. For grades 4-7.

RC 8042

GIRL SCOUT COOKBOOK

Girl Scouts of the USA

Over 150 recipes for appetizers, main dishes, vegetables, soups, sauces, breads and desserts. For intermediate cooks of all ages.

RC 21611

HOLIDAY TREATS

Esther Hautzig

A collection of easy-to-make recipes for 16 holidays through the year, including Purim, Halloween, Mother's Day, St. Patrick's Day, Fourth of July and Christmas. For grades 5-8.

RC 11824 / BR 3187

KIDS ARE NATURAL COOKS

Parents' Nursery School

Dozens of natural food recipes arranged by seasons give simple instructions for nutritious treats. For grades 3-6 with an adult nearby and older interested cooks.

BR 1551

KIDS COOKING

Aileen Paul and Arthur Hawking

Step-by-step instructions direct beginning cooks in preparing breakfast, lunch, and dinner dishes, snacks and party foods. The selection of recipes for such basic foods as scrambled eggs, hamburgers, and chocolate sundaes is spiced by recipes for unusual foods such as orange-sugared pecans and Pennsylvania Dutch funnel cake. For grades 3-6.

RC 21360

KIDS COOKING WITHOUT A STOVE

Aileen Paul

Easy-to-follow recipes for desserts, drinks, salads, sandwiches, snacks and candies that require no cooking. For children in grades K-3 to use with adults.

RC 18894

**THE LITTLE HOUSE COOKBOOK: FRONTIER FOODS
FROM LAURA INGALLS WILDER'S CLASSIC STORIES**

Barbara Muhs Walker

More than 100 recipes based on the pioneer food that Laura Ingalls Wilder described in her *Little House* books. Includes generous quotes from the books and historical information on how things were done in the old days. A book for grades 4-7 to share with older family members and friends.

BR 3062

**MANY HANDS COOKING: AN INTERNATIONAL
COOKBOOK FOR GIRLS AND BOYS**

Terry Touff Cooper

Savory recipes from 40 countries including groundnut soup from Nigeria, guacamole from Mexico, baked fish from Iceland and Iamb kebabs from Turkey. Each recipe is coded to show whether it is simple or difficult. For grades 4-8.

RC 10454

MARY POPPINS IN THE KITCHEN: A COOKERY BOOK WITH A STORY

P. L. Travers

Left for a week without parents or cook, the Banks children pitch in and learn to prepare their meals with Mary Poppins' help. Includes daily menus and recipes from Apricot Puree to Zodiac Cake. For grades 3-6.

BR 7936

MY FIRST COOK BOOK

Angela Wilkes

A simple introduction to the tools, recipes and techniques necessary for such dishes as ice cream sundaes, speedy pizzas, bread bears and chocolate truffles. For grades 2-4.

RC 9732

THE NATURAL COOK'S FIRST BOOK: A NATURAL FOODS COOKBOOK FOR BEGINNERS

Carole Getzoff

An introduction to natural foods offers a variety of simple and appealing recipes, including vegetable fried rice, whole-wheat salads, apple brown betty and granola. For grades 4-7 with some adult supervision.

RC 7719

THE ORGANIC LIVING BOOK

Bernice Kohn

A simple guide to ecological living in the city or country. The author includes tips for gardens and recipes for such natural foods as yogurt, bread, granola and soup. For grades 5-8.

RC 12576

PETER RABBIT'S NATURAL FOODS COOKBOOK

Arnold Dobrin

Inspired by the world of the Beatrix Potter books, a collection of tasty recipes emphasizing natural foods. For grades 4-7 and younger children with adult supervision.

RC 8942

SCIENCE EXPERIMENTS YOU CAN EAT

Vicki Cobb

The author believes that a good kitchen is a laboratory and that a good cook is also a scientist. She designed these experiments to help curious readers learn about nature and become better cooks at the same time. Included are recipes for popsicles, grape jelly, custard, pretzels and steak. For grades 5-8.

BR 3185

SLUMPS, GRUNTS AND SNICKERDOODLES: WHAT COLONIAL AMERICA ATE AND WHY

Lila Perle

Stories of many colonial dishes show what the colonists ate and why, and also describes the homes and times in which they lived. Includes 13 recipes. For grades 5-8 and older interested cooks.